



There's No Place Like Home:

What happens
after achieving
placement in
permanent
housing?

Learning Objectives

- Identify challenges tenants experience in the first year of permanent housing
- How to assist tenants in re-calibrating personal goals before and after permanent housing
- Facilitate and support tenants in identifying personal strengths/skills in order to bolster success in permanent housing

Terms and Definitions

- Self-determination
 - Ability to determine one's own fate or course of action without compulsion
- Independence
 - Free from the influence, guidance, or control of another or others
- Self-sufficiency
 - Ability to provide for oneself without the help of others
- Resiliency
 - Ability to rebound or spring back, as from misfortune

Complex Simplicities of Housing

- Relatively easy to obtain and maintain with sufficient cash resources
- Relationship is outlined by lease agreement and landlord-tenant law
- Client needs/priorities versus landlord's needs/priorities

The opportunities that housing provides...

- ◉ Stability, self-sufficiency, independence
- ◉ Return/go to work, school, volunteer
- ◉ Reconnect with family and friends
- ◉ Establish healthy, trusting relationships with others
- ◉ Greatly increase well being and happiness

Reality of the first year...

- ◉ Significant level of loneliness
- ◉ Drastically different routine & environment
- ◉ Drastically increased responsibilities
- ◉ Decreased eligibility for benefits and programs
- ◉ New awareness of personal challenges
- ◉ New freedoms

Specific Challenges

- ◉ Staying connected
- ◉ Managing new freedoms
- ◉ Extra time
- ◉ Perception that property management is an extension of social services
- ◉ Learning 'new' tasks
- ◉ Coping with additional responsibilities

Supporting that first year...

- ◉ Know your client
- ◉ Listen to your client
- ◉ Foster realistic expectations
- ◉ Know and understand the role played by each component in the housing process
- ◉ Keep it simple
- ◉ Know how to make lemonade

Developing a Stability Plan

- Set-up
 - money management
 - medication management
 - housekeeping assistance
 - Crisis management plan
- Coordinate with on-site supportive services, if available
- Link to other service providers in event of...
 - Significant geographic change
 - Anticipated need for additional support services
 - Changes to the client's eligibility for assistance

Roles and Expectations

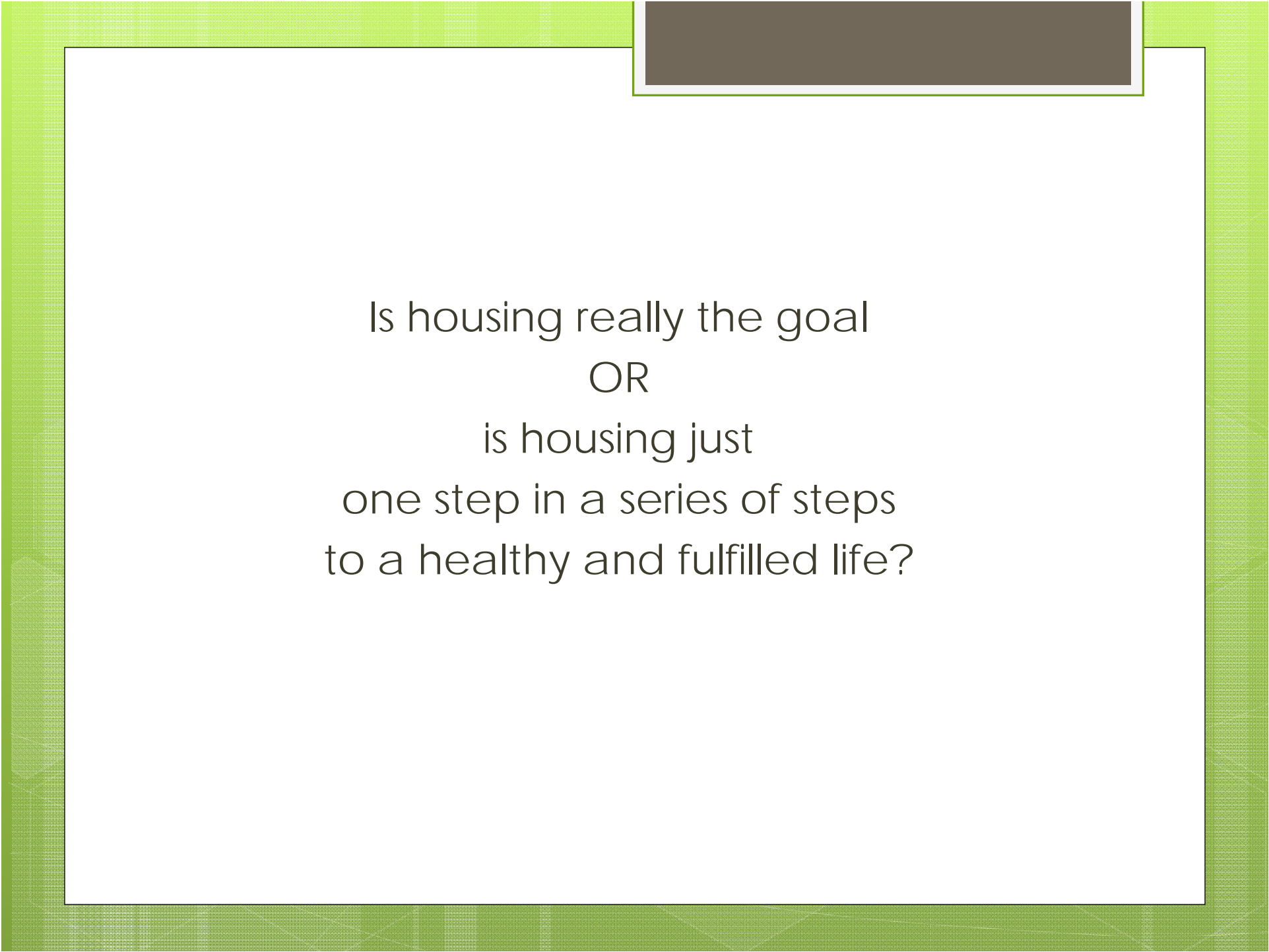
- Consumer/client/participant/tenant
- Case Manager
- Supportive Services
- Landlord
- Family
- Housing Program and/or Model

Recalibrating Goals

- Assess for strengths, skills, abilities
 - Attempt to verify what the client tells you about their skills and abilities
- Focus on concrete tasks
- Think of housing as a component of long-term goals
- Gear goals towards the bigger picture...
 - If your homelessness was not an issue and you had an apartment, how would your life look...?

Create Goals That...

- Facilitate and support the development/honing of skills and strengths
- Develop a sense of purpose and worth
- Increase the potential for a successful 'housing career'
- Create social links to others
- Create a feeling of accomplishment and brings self-satisfaction



Is housing really the goal
OR
is housing just
one step in a series of steps
to a healthy and fulfilled life?

Contact Information

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